

## Early Learning Through the Arts Training Workshops

The Pittsburgh Cultural Trust and its Western Pennsylvania Wolf Trap program offer a variety of hands-on, participatory professional development workshops throughout the year, specially designed for early childhood practitioners. Sessions in dance and movement, music, dramatic play, and visual arts are taught by professional teaching artists. Emphasis is on developmentally appropriate practice for children ages 3-5, options are available for workshops addressing infants and toddlers.

### Professional Development Workshop Details



**These workshops are available at your center for on-site training.**

Cost of a 3-hour on-site workshop: \$450 for on-site training for up to 30 participants and includes handouts. Additional fee for over 30 participants and travel outside of Allegheny County. Funding may be available.

Workshops can be adjusted for time as well as customized to specific content area.

Please contact Julissa Bermea, Manager of Early Childhood Programs, at [bermea@trustarts.org](mailto:bermea@trustarts.org) or 412-456-2695 to schedule.

All workshops align with Pennsylvania Learning Standards for Early Childhood.

*PQAS and Act 48 Credit available.*

## Music

### **JUMP OFF THE PAGE! Using Music and Movement to Make Picture Books Come Alive**

Presenter: Margaret Hooton, BA

Early childhood music educator Margaret Hooton will demonstrate a developmental approach to engage the whole child in the joy of literature and the arts. Participants will learn to apply the basics of pitch, beat, singing in tune, and movement to circle time activities. Simple props will be used to enhance engagement in picture books.

### **KEEP THEM MOVING AND SINGING**

Presenter: Margaret Hooton, BA

This hands-on workshop allows educators to experience the benefits of large and small movement and music to engage young children in learning. This workshop will offer practical information for educators interested in making their early childhood classrooms more active and engaging by adding movement activities and music to their circle times and throughout the day. Educators will learn ways to integrate songs, fingerplays, and music into their daily schedule as well as ways to engage families by using songs and music from the children's home life.

## Dance/Movement

### **DANCING OUR WAY THROUGH STEM**

Presenter: Joanna Abel

Providing children opportunities to explore creative movement can spark so many natural connections to STEM concepts. During this interactive workshop, educators will participate in a variety of dance focused strategies that will deepen understanding in science math, ingenuity, and other fundamental STEM concepts. Participants will have the opportunity to demonstrate their own creative movement techniques that can support student's STEM learning.

### **DANCING AND SOCIAL-EMOTIONAL LEARNING**

Presenter: Joanna Abel

Educators often find it difficult to engage in social and emotional learning with young children. The most successful programs for these concepts use active forms of learning to teach students. In this workshop, educators will learn how to integrate social-emotional learning into their daily routines by incorporating dance and movement activities.

### **HOW TO DEVELOP A MORE ACTIVE STORYTIME**

Presenter: Taylor Couch, MA

Turn an artful eye to your favorite circle time books. Adding a little extra to your story time can create deeper engagement with vocabulary, themes, and peer interaction. In this workshop, we'll explore all aspects of circle time, including: choosing great story time books, different ways to approach story time (how to do a selected reading, picture walks, spreading out a story, etc.), ways to artfully enhance story time in the classroom, and ways to extend a great story through arts integration.

## Social Emotional Learning

### **SELF-REGULATION, GROUNDING, COPING SKILLS FOR THE EARLY CHILDHOOD CLASSROOM**

Presenter: Taylor Couch, MA

From the unique challenges faced by "Pandemic babies" to the needs of students that have directly experienced Trauma, Early Childhood Educators need resources for supporting students social-emotional needs. Through an Arts Integration lens, this workshop will give participants a chance to expand their classroom toolbox with activities that have strong pedagogical backing and require as few new materials as possible. Curricular areas that will be addressed include literacy, visual arts, performing arts, science, and math. Through reflection activities, participants will apply knowledge learned during this course.