



Sense-Bound Songwriting

Sense-bound writing encourages you to draw from your senses to incorporate in your writing.

Choose a word below. Start a timer for ten minutes.

Write using all of your senses.

What do you hear? What do you see? What does it feel like?

What tastes or smells do you associate? Write down everything that comes to mind.

AMERICAN

HARM

SNIPER

CARE

HOME

THERAPY

COMBAT

HYPOCRISY

TRUTH

DARKNESS

INNOCENCE

VIOLENCE

FEAR

PURPLE HEART

WAR

After ten minutes, read over what you wrote and select one or two ideas from your writing. **Now, write your hook, chorus, or poem.**

Anti-War and Protest Music in the 1960's and 1970's

Protest music is an essential form of political expression in the United States. For musical artists, it is a form of release for their frustrations and hopes. For listeners, it is a form of connection and understanding of their concerns. For young people, protest music provides a voice they don't always have at the ballot box.

This list is curated by Rob Zellers, playwright of REDUX.

- "2+2=?" by Bob Seger
- "Alice's Restaurant Massacre" by Arlo Guthrie
- "Bring Them Home" by Pete Seeger
- "Bring the Boys Home" by Freda Paune
- "Born in the USA" by Bruce Springsteen
- "Dear Uncle Sam" by Loretta Lynn
- "Drive On" by Johnny Cash
- "Fixin' to Die Rag" by Country Joe and the Fish
- "For What It's Worth" by Buffalo Springfield
- "Fortunate Son" by Creedence Clearwater Revival
- "Give Peace a Chance" by Plastic Ono Band
- "Goodnight Saigon" by Billy Joel
- "The Grave" by Don McLean
- "The Great Compromise" by John Prine
- "I Ain't Marching Anymore" by Phil Ochs
- "Imagine" by John Lennon
- "More Than a Name on a Wall" by Statler Brothers
- "Ohio" by Crosby, Stills, Nash and Young
- "Saigon Bride" by Joan Baez
- "Six White Horses" by Waylon Jennings
- "Unknown Soldier" by The Doors
- "Vietnam Blues" by Kris Kristofferson
- "Waist Deep in the Big Muddy" by Pete Seeger
- "The Wall" by Bruce Springsteen
- "War" by Edwin Starr
- "What's Going On" by Marvin Gaye
- "Where Have All the Flowers Gone" by Pete Seeger
- "Wooden Ships" by Crosby, Stills, Nash and Young