



The Courage to Stand MUSIC AS BALM

Peter Boyer's *Elegy* is performed directly following the poem "I Dream a World" by Langston Hughes as a musical tonic to reflect, comfort, and provide hope. **What songs soothe you?** Make a playlist of music from any genre that brings you calm, comfort, and/or hope.

MY PLAYLIST

Song/Title	Composer/Songwriter	Performer

If your playlist has a link, record it here: _____